

# Online Resources for Managing Diabetes

Mobile Apps	
Meals	Blood Sugar, Medications & Diet
My Fitness Pal	Diabetes: M
Fooducate	Diabetes Connect
Calorie King	Accu-chek Connect
MyNetDiary & Calorie Counter Pro	Glooko
MyPlate Calorie Tracker	MySugr
Lose It!	Glucose Buddy
MyPlate	

Websites
Planning Meals & Tracking Food
<a href="https://cdc.gov/diabetes/managing/eat-well.html">cdc.gov/diabetes/managing/eat-well.html</a>
<a href="https://diabetes.org">diabetes.org</a>
<a href="https://diabetes.org/healthy-living">diabetes.org/healthy-living</a>
<a href="https://eatright.org">eatright.org</a>
<a href="https://myplate.gov">myplate.gov</a>
<a href="https://eatingwell.com/category/4248/diabetes-diet-center">eatingwell.com/category/4248/diabetes-diet-center</a>
<a href="https://diabetesfoodhub.org">diabetesfoodhub.org</a>
<a href="https://calorieking.com">calorieking.com</a>