



Call your doctor today to learn about the health screenings that are recommended for you this year.

If you are female:

- Breast cancer screening
- Cervical cancer screening
- Colorectal cancer screening
- Diabetic screening

If you are male:

- Colorectal cancer screening
- Diabetic screening

If you have a child:

- Talk to your pediatrician about well-child visits and immunizations. Six visits are recommended within the first 15 months of life, and annually between the ages of 3 and 6.

As a part of the Vanderbilt Health Affiliated Network, you have access to more than 6,100 trusted providers across the state of Tennessee dedicated to improving the health and wellness of patients like you.

Need a primary care provider?
Visit vhan.com/findaprovider

Vanderbilt Health Affiliated Network Care Coordination Services

Your employee health plan includes free access to the Vanderbilt Health Affiliated Network Care Coordination team. The team includes nurses, pharmacists and social workers who are available to provide you and your family with support. Contact the care coordination team when you or a family member need help.

Services include:



Answering questions about health concerns or medications.




Connecting you to a preferred healthcare provider.




Developing a personalized plan of care.



Providing support and encouragement to reach goals.



Helping to understand follow-up care after an emergency room visit or hospitalization.



Accessing and connecting to appropriate community resources, including social support and grief counseling.

Speak with a Vanderbilt Health Affiliated Network Care Coordinator during normal business hours by calling **(615) 936-2828**.

Vanderbilt Health
Affiliated Network